

Music Matters

A music education program for parents



"I learnt that music is not only a fun and engaging tool to enjoy with your child, it also is important for cognitive development and hearing outcomes."

Music Matters Parent Education Music Group is an 8 session parent education program designed to give parents the skills and confidence to use a variety of musical instruments at home with their children. The program explores how using the musical concepts of rhythm, tempo, dynamics, texture and timbre can be used to improve listening language and overall well-being.

By participating in this group, you will:

- Feel confident in using musical instruments at home
- Learn new ways to enhance listening skills through musical activities
- Explore a range of musical concepts and activities that can be implemented at home.

Centres will run a concurrent children's playgroup while the Music Matters parent group is being delivered. This will give parents the time and space to focus on the content of the program while the children have fun together and are cared for in the centre. Siblings are welcome. An online group is also available.

Registration includes a pack of musical instruments for each family (valued at \$125 each).

For any questions, please don't hesitate to contact the Groups Team on

02 9370 4400 or **groups@shepherdcentre.org.au**



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