

Ready Steady Think!

A unique program designed to improve your child's executive functioning skills

Does your child:

Struggle to stay on topic?

Have trouble starting tasks?

Get silly when things get a bit hard?

Get stuck on doing things a certain way?

Ready Steady Think! is a program for children in their final year of Early Intervention. The group is aimed at helping children develop their working memory, flexible thinking, inhibition and self-control skills. These skills are known as basic executive function skills which underpin many higher order cognitive skills, such as planning, sequencing, staying on task, transitioning between tasks and staying on topic. These skills are known to be at risk for children with hearing loss.

The Parent Education component of the program is offered as a concurrent group on weeks 1 - 4 of the program.



For any questions, please don't hesitate to contact the Groups Team on **02 9370 4400** or **groups@shepherdcentre.org.au**



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