

The Shepherd Centre
MusicConnect Tele Music Group
Mondays - 2nd May – 6th June – 1.45-2.45pm

The Shepherd Centre is excited to announce that they will work together with MusicConnect music therapy specialists to deliver a 6 week Tele Music Group during term 2.

How will it work?

Al & Tash will guide you in making music with your child/ren via your computer, using Lifesize Video Conferencing. You will be able to see and hear Al & Tash and join in with the music making from your home. You will also be able to see the other families that are participating from various locations in NSW and Tasmania.

Getting ready for music group at home

- Set up your computer in a good location at home, where you and your child/ren can sit on the floor and still see the screen
- A mat or cushions on the floor in front of the computer might work well
- If possible, clear the space of other toys or distractions
- Have a 'Music Bag' or 'Music Tub' (with lid) that you can close (keeping the contents out of sight) ready for the session
- Also have a 'Pack Away' box or tub (for the instruments and props to go in after they have been used in the session)

In the music bag please gather and prepare the following items:

- instruments to shake - toy maracas or homemade shakers (pasta in an empty drink bottle works well)
- instruments to bang - toy drum, tambourine or pots and pans with a wooden spoon
- instruments to tap - rhythm sticks or empty paper towel rolls
- instruments to blow - whistle, recorder or toy horn
- teddy bear or soft toy
- a scarf or soft blanket



Connect to the group via Lifesize Video Conferencing link:

<http://lifesizecloud.com/1773578>

What is MusicConnect?

MusicConnect is a music therapy program that provides group programs in the community for mums, dads and carers with young children. MusicConnect focuses on positive and fun parent-child interaction, with plenty of motivating musical activities that provide opportunities for early learning and development across the areas of communication, social interaction, cognitive learning and motor skills. The MusicConnect session leaders integrate the use of percussion instruments along with singing of known and new songs to increase positive interactions between parents and their children, enhance child development, build social support networks and increase parents' confidence to use music for language development and play at home. For more information about MusicConnect, click on the link

www.musicconnect.net.au

Let us know if you can come by RSVP'ing to
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