

Enriching Lives for People with Disability

How can people with disability enjoy a rich and meaningful life, with a deep level of belonging in their community?

We all want a life that is full of opportunities to live up to our potential and contribute to the community – this is no different for a person with disability. Come along to this workshop and discover how the individual interests of a person with disability can be harnessed to create a life of purpose, identity and the chance to make a genuine contribution.

At this workshop we will explore:

- ▶ How to discover and harness potential, gifts, interests and passions
- ▶ Design socially inclusive pathways
- ▶ Establish and deepen valued roles
- ▶ Create a context for relationships and friendships
- ▶ Learn about the stories of people who are enjoying lives well connected to the community

Date: Thursday 23rd November 2017

Time: 9:30am - 2:30pm

Venue: The Rex Hotel, 150 Northbourne Ave, Braddon, Canberra

Who should attend?

This is a practical workshop just for families and friends of a person with disability , including extended family.

To register go to www.imaginemore.org.au

GUEST SPEAKER



Meg Sweeney has a great deal of knowledge and expertise discussing strategies to obtain typical adult opportunities for people with developmental disability. She is the proud mother of three young adults, one of whom has an intellectual disability. Meg has been assisting her daughter to forge her adult life including getting a job, volunteering, expanding her networks and moving into a home of her own.

**Please arrive at 9:00am for a 9:30am start.
Refreshments available with lunch and a resource pack
provided.**

**There will be a \$50 charge for those who register and
do not attend without informing Imagine More.**