

# OFF TO SCHOOL

Do you want to give your child the best start at school?



**Off to School** is part of The Shepherd Centre's Transition to School Program for families the year before their child attends primary school. This is an eight-session program that will provide you and your child with an introduction to common school language and a head start on learning skills that your child will need for school.

A children's group runs concurrent to the parent group and covers topics such as:

- independent management of their own devices
- pre-literacy and pre-numeracy concepts
- classroom etiquette
- talking in front of a group
- asking for assistance, repeats or clarifications as required.

The parent group provides an opportunity to discuss some of the challenges associated with the transition to "big school" with our clinical team, past parents and guests from different school systems, as well as ways to advocate for your child in the school environment and to support them to build resilience.

Early intervention families currently attending The Shepherd Centre can access this workshop through the National Disability Insurance Scheme (NDIS). Any Shepherd Centre families NOT receiving funding through the NDIS for this group may also be able to attend (subject to availability).

## Group times as follows:

| TERM 3   |   |          |
|--|---|----------|
| Liverpool  | Macquarie   | Canberra |
| <b>Thursday</b><br>9th Aug – 27th Sep<br>10 – 11am | <b>Friday</b><br>10th Aug – 28th Sep<br>10 – 11am | TBC      |

| TERM 3   |   |
|--|---|
| Newtown  | Wollongong  |
| <b>Tuesday</b><br>7th Aug – 25th Sep<br>10 – 11am (during Kidscape time) | <b>Monday</b><br>6th Aug – 24th Sep<br>10 – 11am (during Kidscape time) |

**TO REGISTER** visit <https://fs30.formsite.com/TheShepherdCentre/form59/index.html>



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