

EMPOWER ME WORKSHOP

Building resilience and capacity within the child/teenager's support networks



Understanding the technical reasons of a hearing loss and how we can handle day to day activities. Also meeting other parents and family members in the same situation was very good.

— **EARLY INTERVENTION
FAMILY MEMBER**



Who is suited to this program? ● Early intervention ● Primary school ● High school ● Adult
How is this program offered? ● In person ● Online Telehealth

At The Shepherd Centre, we acknowledge the significant importance of family members – both immediate and extended in a child's development. **The Empower Me Workshop** is designed for carers, family members, friends of children and young people with any degree of permanent hearing loss. The session aims to better equip attendees to support the child's everyday learning potential as well as building capacity, understanding and resilience within their wider community. It also provides a valuable opportunity for extended family members and friends to bring any questions they might have for the team to answer. Over the duration of the course we delve into understanding how we hear, the impact of hearing loss, how to support the development of communication and to

facilitate participation and inclusion in their local context and everyday life.

Topics covered:

- How hearing works.
- The impact of hearing loss on development of speech, language and social skills.
- How to create good sound environments at home and in everyday life.
- Ways to help children/young people with hearing loss improve their listening, speech and language, to help develop their peer relationships and social skills.
- Information about hearing aids, cochlear implants and other hearing devices.

For any questions, please don't hesitate to contact the Program Coordinator, on **02 9370 4400** or **groups@shepherdcentre.org.au**

t 02 9370 4400 | **w** www.shepherdcentre.org.au | **e** Familycare@shepherdcentre.org.au
Facebook /ShepherdCentre | **Twitter** @ShepherdCentre | **Instagram** @shepherdcentre



The Shepherd Centre

Giving deaf children a voice



0033EM0720