

# CONFIDENT KIDS 4–5 YEARS

A unique group program designed to boost your child's social skills in preparation for school



My child now 'chats' to children in the playground, before this group he would not have had the confidence.

— LIVERPOOL FAMILY



Who is suited to this program? ● Early intervention ● Primary school ● High school ● Adult  
How is this program offered? ● In person ● Online ● Video conferencing

**Confident Kids 4–5 Years** is a group program for children in their final year of early intervention. It is part of the Transition to School program and is aimed at helping children develop their communication skills in a social group setting. It focuses on building Theory of Mind skills such as:

- The ability to take on another perspective and “put yourself in someone else’s shoes”
- Being able to make predictions and inferences in communication
- Developing the use of “mental state” language e.g. to think, know, wonder
- The importance of “overhearing” to learn language and social rules

The development of these skills have been shown to be key predictors of social success as children learn how to use their language with friends.

**Confident Kids 4–5 Years** will focus on developing techniques needed to improve pragmatic social skills through listening-based strategies.

It involves a concurrent parent group led by our child and family counsellors and audiologists, with opportunities for guided observations of the children’s group.

Your child’s social skill competencies will be assessed via a parent questionnaire you will receive prior to the group. This enables the therapist to target your child’s individual needs.

TO REGISTER visit <https://fs30.formsite.com/TheShepherdCentre/CK4-5EnrolmentSurvey/index.html>

For any questions, please don’t hesitate to contact the Program Coordinator, on **02 9370 4450** or **groups@shepherdcentre.org.au**

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